

Saint Mary Help of Christians Catholic School

F. School Uniform Regulations

For the 2023/2024 school year, please note the following school uniform regulations. School uniforms are mandatory at Saint Mary Help of Christians Catholic School. If a child is issued three or more school uniform violations in a quarter, he/she may receive detention, or another form of disciplinary action deemed appropriate by administration. Uniforms are to be laundered, maintained, and worn as they are designed to be worn; skirts and shorts may not be rolled up, shirts must be tucked in and not folded under, long shirt sleeves may be neatly rolled up to the elbow. The uniform should reflect a positive attitude of pride in self and school. Students must be in proper uniform from the time they arrive on campus until they leave. Uniforms and shoes should be in good shape, free from holes, stains or fading. Any hairstyle, hair color, mode of dress, or ornamentation deemed inappropriate in the judgment of the school administration/staff will be prohibited. School uniforms may be ordered online at www.dennisuniform.com. Our school code for Dennis Uniform is NVSMCS. If you choose to order through Dennis, during peak season (August- September), please allow up to seven-ten business days. All Dennis Uniform orders will be shipped directly to the parent's personal residence. If you choose not to order from Dennis, you can have our school logo embroidered by Pitter Patter, located here in Aiken.

Uniforms - Boys and Girls

- **Jackets/Sweatshirts/Sweaters:** The white, navy blue, gray, or gold Saints sweatshirt (sold annually by SMS Athletics Department) is allowed. Navy blue fleece jackets with school logo or navy blue/white sweaters with school logo are also allowed. Other outerwear, including sweatshirts and non-school hoodies, will not be allowed to be worn in the classrooms. Solid navy blue, pullover hoodies with the school logo or hoodies sold by SMS athletics are allowed in the classroom, but may not be worn to Mass. Kindergarten and 1st grade students should have no drawstrings in their outerwear jackets. Drawstrings present a choking hazard on playground structures.
- **Socks:** Solid white, navy blue, gray, or black socks only – socks must be clearly visible above the shoe.
- **Belt:** A black, brown, or a navy solid-color belt must be always worn with pants or shorts. (Unless elastic waistband)
- **Athletic Shoes:** Must be worn every day with socks. **Athletic shoes may be a solid white, navy blue, gray, black, tan, or a combination of the previously mentioned colors. Appropriate advertisements, for example, a Nike swoosh or Adidas stripes, in the previously mentioned colors, are also allowed.** No sneakers with wheels are allowed. No shoes that light up are allowed. No sandals or boots. Shoelaces must be tied tightly with the knot on the outside of the shoe. Shoelaces must be either solid white, navy blue, gray, tan, or black. **No other colored shoelaces are allowed.** Athletic shoes need to be in good condition.

Uniform Requirements for Boys

- **Pants:** Khaki dress pants (No top stitching, jeans styling, or cargo pockets). Pants may be worn year-round but must be worn on Mass days and other special events. Elastic waistband pants are allowed in kindergarten - 2nd grade. If there are belt loops, a belt must be worn.
- **Shorts:** Khaki shorts (No top stitching, jeans styling, or cargo pockets). Elastic waistband shorts are allowed in kindergarten - 2nd grade. Shorts may be worn year-round, except on Mass days and other special events. If there are belt loops, a belt must be worn.
- **Oxford Shirt (kindergarten-8th grade):** SMS white oxford shirt with the logo is required to be worn for Mass days and other special events. The oxford shirt must be clean, not wrinkled, and always tucked in.
- **Plaid School Tie:** School tie or bow tie is required to be worn for Mass and other special events. The tie must be worn with the oxford shirt. Neck ties and/or bow ties are acceptable at every grade level. Clip-on neckties are not permitted at the junior high level. If a tie is available to purchase on Dennis Uniforms, it is acceptable.
- **Polo Shirt:** A navy blue polo shirt with the logo is required to be worn daily. Shirts must be always tucked in. No turtlenecks or visible t-shirts may be worn under the polo shirt.
- **Grooming:** Hair must be neat, clean, and conservative in style, short, above the eyebrows and the collar of the shirt. Excessive hairstyles (Mohawks, fauxhawks, etc.) will not be allowed. Hair coloring, bleaching, highlighting, and tinting are not allowed. No facial hair. No visible tattoos either permanent or temporary are allowed.
- **Jewelry:** Boys may not wear earrings or bracelets. Only one necklace with a cross or religious medal on a fine linked chain may be worn. One ring is allowed. In addition, a watch may be worn. **Smart watches are not permitted to be worn at any time on campus (Per diocese).** Medical bracelets or medical necklaces may be worn.
- **Cologne:** Students may not wear perfume including any type of body spray.

Uniform Requirements for Girls

- **Plaid Jumper/Plaid Skort (kindergarten–2nd grade only):** Students entering kindergarten through 2nd grade must wear the uniform plaid jumper or skort. Girls are required to wear shorts underneath the jumper. The jumper or the skort may be worn for Mass. Skorts may not be rolled at the waist and a modest length is required (maximum of 3 inches above the crease behind the knee).
- **Plaid Skort/Plaid Skirt (3rd-8th grade only):** Students entering 3rd through 5th grade must wear the uniform plaid skort or skirt. Skirts may not be rolled at the waist and a modest length is required (maximum of 3 inches above the crease behind the knee). Girls are required to wear shorts underneath the skirt. Warm-up or pajama pants may not be worn underneath the skirt.

- **Pants (kindergarten-8th grade):** Girls may choose to wear khaki dress pants (no top stitching, jeans styling, or cargo pockets allowed). Pants may be worn year-round, except on Mass days and other special events. Elastic waist band pants are only allowed in kindergarten - 2nd grade.
- **Shorts (kindergarten-8th grade):** Khaki shorts are acceptable (no top stitching, jeans styling, or cargo pockets allowed). Elastic waistband shorts are allowed in kindergarten - 2nd grade. Shorts may be worn year-round, except on Mass days and other special events. If there are belt loops, a belt must be worn.
- **Oxford Shirt/White Peter Pan Collared Shirt (kindergarten-2nd grade only):** SMS white oxford shirt w/logo or white peter pan collared shirt w/logo is required to be worn for Mass and other special events. The oxford shirt must be clean, not wrinkled, and always tucked in.
- **Oxford Shirt (3rd-8th grade only):** SMS white oxford shirt w/logo is required to be worn for Mass and other special events. The oxford shirt must be clean, not wrinkled, and always tucked in.
- **Polo Shirt:** A navy blue polo shirt with the logo is required to be worn daily. Shirts must be always tucked in. No turtlenecks or visible t-shirts may be worn under the polo shirt.
- **Tights/Leggings:** Solid navy blue/black/gray/white tights or leggings with no ornamentation or design may be worn with the jumper, skort, or skirt. Tights/Leggings must be in good condition and free from holes. Socks must be worn with leggings.
- **Grooming:** No makeup is allowed. Junior high students may use a blemish concealer or light foundation. Hair must be neat and clean and conservatively styled. Headbands/hair accessories are limited to SMS uniform plaid or uniform colors. **These colors are white, yellow/gold, royal blue, and navy blue.** There should be no excessive ornamentation (flowers, beads, etc.). No nail polish or artificial nails are allowed. Hair coloring, bleaching, tinting, most highlighting, or excessive ornamentation is not allowed. Natural highlighting is also discouraged, but “natural hair color highlights” are acceptable in grades 6-8. Only non-color lip balm is allowed. No shiny or colored lip-gloss may be worn. No visible tattoos either permanent or temporary are allowed.
- **Jewelry:** Only one necklace with a cross or religious medal on a fine chain may be worn. Only one bracelet may be worn. One ring is allowed. In addition, a watch may be worn. **Smart watches are not permitted to be worn at any time on campus (per diocese).** Medical bracelets or medical necklaces may be worn. Only one pair of single post earrings (no larger than 4 mm and one solid color) are allowed. Dangling earrings or hoops can be a hazard; therefore, they are not allowed.
- **Perfume:** Students may not wear perfume including any type of body spray.